# Internet and Computing Forum

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## Quattro Folia Oy

Founded 2012

Started with focus on helping elderly to stay home longer Cloud service to combine different service providers related services That did not fly...

Pivot 2013

Changed to health care digitalization Building Cloud based personal health record system Focusing on revolutionizing Diabetes self-care Founded our own Diabetes clinic Running a pilot, negotiating customer deals sta Building next version of the service

Staff: Full time 12 persons, hourly 3 persons Engineering 6+1, Product mgmt. 1, Research 1+1 Regulatory 2, Marketing 1, office help (0+1), CEO

## Health care is huge business



382 million individuals with Diabetes at Annual Cost of appr. 6000€ (USA)



235 million individuals with Asthma at Annual cost of appr. 3000€ (USA)



**20-25%** of the adult population has the Metabolic Syndrome



### Quattro Folia solution



### Regulated medical device development



Requires audited Quality Management System which complies with MDD & FDA requirements based on

> EN ISO 9001:2008 EN ISO 13485:2012

Development, Maintenance, Sales and Provisioning of Medical Software



### Doctors prescribe medicines of which they know little, to cure diseases of which they know less in human beings of whom they know nothing.

Voltaire, 1694 - 1778

Due to increased complexity and fragmented information, healthcare is not far from that still today.

### Major Disruption in Healthcare

#### From Institution owned health data to consumer centric Personally controlled Health Records (PHR)

- Facts based Quantified self data
- Data ownership Data availability Data sharing

Learning

#### Shift of Medical Device & Diagnostics analytics to the cloud

- Cost of Cloud services reduced dramatically
- Facilitated by timely On-line data and increasing number of connected medical devices
- Instant adaptive analytics on individual and over population (Medical data & non medical data)
- Reduces risk of false diagnoses

#### Health Care Professionals *role changes* dramatically

- Diagnosing and Consulting from "One MD's brains" to adaptive big data analytics of individual and over population
- Health Care Professionals will be coaches
- Diagnoses based on better data and analytics of the individual

## Major Disruption in Healthcare

#### Health Care *Democratization*

- High quality care anywhere independent of where you live
- Centralized specialists available anywhere

#### Huge *cost savings* potential and *higher care efficiency* at the same time

- On-Line timely and factual information of individual improves efficiency less slag time
- Consumer has bigger role
- Better evidence based diagnoses and care accuracy

### Competition

In wellbeing and diabetes High number of mobile apps Cannot be used in healthcare (as no medical devices)

Very few medical devices

Expect incumbents to whom cloud service is just add-on

### Some technologies used...

WEB technologies HTML5 / JS with Angular Scala, Play FW, oAuth2, REST, FHIR, HL7 MySQL db Android Native (JAVA)

#### iOS

Native (Objective C)

### Challenges so far...

Open source – a blessing and an issue Used largely – careful with the licenses Unsupported OSS is a problem Medical device perspective – SW of unknown prevalence

Ramping up own R&D

Started with outsourced SW development

Difficult to control and maintain quality processes

Ended up to have fully in-house development

Agile

Not traditional for medical device development

Standards based on waterfall thinking (only now becoming updated for agile)

Questions?

Thank you!